

Working Practice Guideline for Spirometry



EQUIPMENT

- As per standard spirometry procedure
- Participant's own salbutamol inhaler or 2.5mg salbutamol for nebulisation

PROCEDURE

- If required by local policy, doctor to prescribe 2.5mg salbutamol for nebulisation if needed.
- Ask the patient to take their salbutamol inhaler or provide salbutamol inhaler and use a single-use spacer. Dose of inhaled salbutamol should be as local policy
or
- Administer 2.5mg of salbutamol via nebuliser.
- Wait 15 minutes for bronchodilator to take effect.
- Complete spirometry as per standard procedure.