Hooded

by Collette Cowie

The chicken skin returns snail-slow and deliberate from its slippy, gritty massage. Limbs trussed, folded like a baby birthed; curled, still tight as a bud, shaped by the cavity it once occupied with such intention and portent.

Balanced on haunches, both hands occupied by the weight of a roasting tin, I catch my eyes, startled in the glass of the oven door. Arrested for one second by the whites, yellow-stained and ill-used as smoker's fingers, the papery skin below; the creased grey-lilac.

Much later, chicken eaten,
I stare at the screen
without reflection.
The sidebar distracts
with titles Recommended For You.
Scrolling down, I notice:
Hooded & Ageing: ways to disguise.
I regard the stare
of the old lady's kohl-lined eyes.

I wonder how they know.